

Staying Free for Children

When Jesus sets us free, it's not the end—it's just the beginning! Jesus helps us get free from bad things that hurt us inside, like fear, anger, or sin. But after we're free, we must keep walking with Him every day. No matter what country we live in, when we belong to Jesus, our real home is in heaven! We are like travelers passing through this world on our way home to God.

But we must remember—the devil doesn't give up easily. He will try to tempt us or make us afraid. When that happens, don't worry—it won't last forever (2 Corinthians 4:17).

Jesus said in Matthew 12:43–45 that when an evil spirit leaves a person, it might try to come back. That's why we must stay full of the Holy Spirit and full of God's Word! If our hearts are filled with God's love, there's no room for the enemy to come back.

Another story is in John 5:1–15. Jesus healed a man who couldn't walk. Later, Jesus told him, “Now that you are well, stop sinning or something worse might happen.” (John 5:14). This means that if Jesus sets us free, we must stop doing the wrong things that opened the door to trouble before.

To **stay free**, we must:

- Forgive people who have hurt us. The devil wants us to get angry again, but we can choose to forgive and stay peaceful.
- Change bad habits. Ask God to show us anything we need to stop doing.
- Read our Bible and obey what it says, even when we don't feel like it. Feelings go up and down, but God's truth stays the same!
- Keep our faith strong.

The Bible says in Revelation 12:11 that we win against the devil by the **Blood of Jesus** and by **telling others what God has done for us**.

Things to Do After Jesus Sets You Free

1. **Clean your room and home.** Get rid of things that don't please God—bad music, movies, or anything that reminds you of sin or darkness. Ask the Holy Spirit to show you what needs to go. If you're not sure, it's safer to throw it out.
 2. **Grow in Jesus every day.** Do the same things new Christians do—pray, read your Bible, worship, and talk to Jesus often.
 3. **Put on God's Armor!** (Ephesians 6:10–18) Learn how to use the armor of God so you can stand strong against the devil's tricks.
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Daily Prayer and Declaration

*Dear Heavenly Father,
Thank You for loving me and never leaving me. You are my Lord and my King. I choose to say no to sin and yes to You. Please fill me with Your Holy Spirit and help me walk in Your truth.*

I believe Your Word even when I don't feel strong. I will not be afraid or sad, because You are the God of hope! You will take care of me and give me everything I need. I choose to stand strong against the devil. I put on Your armor and give myself completely to You.

*Thank You, Jesus, for making me free. Help me live in Your peace and joy every day.
In Jesus' name, Amen.*

Bedtime Prayer

*Dear Lord,
Thank You for making me part of Your family. Thank You for this time to rest and sleep. Please protect me tonight from every plan of the enemy. Keep my mind safe from bad dreams.*

*I give You all my worries and fears. I know You are my rock, my protector, and my safe place.
Let Your peace fill my room and my heart.*

In Jesus' strong name, Amen.

Confessions for Overcomers

1. My Body Belongs to God

- My body is special—it is a home for the Holy Spirit (1 Corinthians 6:19).
 - Jesus paid for me with His blood, so I belong to Him (Ephesians 1:7).
 - Every part of me is for doing what is right and good (Romans 6:13).
 - The devil has no place in me, no power over me, and no right to hurt me—because Jesus' blood has made me clean (Romans 8:33–34).
 - I win against the devil by the Blood of Jesus and by telling others what God has done for me (Revelation 12:11).
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2. Who I Am in Jesus

- I am not just anybody—I am a child of the living God!
 - God is my Father, and Jesus is my Savior and friend (Galatians 4:6–7).
 - I am part of God's special family—a chosen people who belong to Him (1 Peter 2:9).
 - I am loved, wanted, and accepted by God.
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3. No More Guilt or Fear

- I am not guilty or ashamed because Jesus forgave me (Romans 8:1).
 - The devil is a liar, and I will not listen to his lies.
 - No weapon made against me can win (Isaiah 54:17).
 - Nothing can ever separate me from God's love (Romans 8:35–39).
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4. My Mind Belongs to Jesus

- God's Word helps me think good thoughts (Romans 12:2).
 - I throw away wrong thoughts and make my mind obey Jesus (2 Corinthians 10:4–5).
 - I will think about things that are true, right, pure, and lovely (Philippians 4:8).
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5. The Devil Is Defeated!

- Jesus came to destroy all the works of the devil, and He did! (1 John 3:8).
 - I belong to Jesus, so the devil cannot control me.
 - I resist the devil, and he has to run away from me now! (James 4:7).
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6. God Helps Me Be Strong

- When I am tempted to do wrong, God always makes a way for me to do what's right (1 Corinthians 10:13).
 - God gives me power, love, and a sound mind (2 Timothy 1:7).
 - When I'm afraid, I remember—God's perfect love takes away all fear (1 John 4:18).
 - I prayed to the Lord, and He heard me. He saved me from all my fears (Psalm 34:4).
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7. I Will Not Be Afraid

- The Lord is my light and my Savior—so I won't be afraid (Psalm 27:1).
 - God is my helper and my strength when I am in trouble (Psalm 46:1–2).
 - Even when I walk through dark or scary places, I know God is with me.
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8. I Believe God's Word

- I am not ashamed to tell others about Jesus (Romans 1:16).
 - My faith is in God—not in what I see or how I feel (2 Corinthians 5:7).
 - God never leaves me or fails me.
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9. I Choose Peace and Faith

- I will not worry about anything (Philippians 4:6–7).
 - God keeps me in perfect peace when I keep my mind on Him (Isaiah 26:3).
 - I will live by faith, walk by faith, and see with the eyes of faith every day (Romans 1:17).
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10. Jesus Is My Healer

- I look to Jesus, my healer.
 - He took away my sickness and pain (Matthew 8:17).
 - The same power that raised Jesus from the dead gives life to my body today (Romans 8:11).
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Other Verses to Remember

- Be strong, like a good soldier for Jesus (2 Timothy 2:3).
- If we stay faithful, we will live and reign with Him (2 Timothy 2:12).
- Hold on to hope—God always keeps His promises (Hebrews 10:23).
- Don't give up! When you keep doing what is right, God will reward you (Hebrews 10:35–36).

The Truth About God

Sometimes people believe wrong things about God. But we can say “no!” to the lies and say “yes!” to the truth about who God really is! Let’s learn the truth about our amazing Heavenly Father! 💕

I Say “No!” to the Lie That My Father God Is...	I Say “Yes!” to the Truth That My Father God Is...
1. Far away and doesn’t care about me	1. Close to me and cares about every part of my life (Psalm 139:1–18)
2. Mean or doesn’t care when I’m hurting	2. Kind and full of compassion (Psalm 103:8–14)
3. Always mad at me or hard to please	3. Glad that I am His child and loves me with joy (Zephaniah 3:17; Romans 15:7)
4. Cold and doesn’t show love	4. Warm, gentle, and loving toward me (Isaiah 40:11; Hosea 11:3–4)
5. Too busy to spend time with me	5. Always with me and wants to be near me (Jeremiah 31:20; Hebrews 13:5)
6. Never happy with me or always mad	6. Very patient and slow to get angry (Exodus 34:6; 2 Peter 3:9)
7. Mean or wants to hurt me	7. Loving, gentle, and my protector (Psalm 18:2; Jeremiah 31:3)
8. Trying to take away all my fun	8. Trustworthy and wants me to have a full and happy life (John 10:10; Romans 12:1–2)
9. Bossy or makes me do everything His way	9. Full of mercy and grace; He gives me freedom to learn and grow (Luke 15:11–16; Hebrews 4:15–16)
10. Angry or won’t forgive me	10. Kind and forgiving; His arms are always open to me (Psalm 130:1–4; Luke 15:17–24)
11. Never happy with what I do	11. Proud of me and helps me grow as His child (Romans 8:28–29; Hebrews 12:5–11)

God says I am His child.

He loves me more than I can imagine.

He watches over me, protects me, and enjoys spending time with me.

(Deuteronomy 32:10)

The Truth About Me

I Am Important to God

God made me special and gave me a purpose! Everything about me matters to Him.

- **Matthew 5:13** – I am like *salt* that makes the world better.
- **Matthew 5:14** – I am the *light* that helps people see God’s love.
- **John 1:12; 1 John 3:1–3** – I am a *child of God!*
- **John 15:1, 5** – I am a branch connected to Jesus, the Vine. His life flows through me!
- **John 15:16** – God *chose me* to do good things and help others.
- **Acts 1:8** – I tell others about Jesus and what He’s done for me.
- **1 Corinthians 3:16** – God’s Spirit *lives inside me!* I am His temple.
- **1 Corinthians 12:27** – I am part of *Jesus’ body*, the Church.
- **2 Corinthians 5:17–18** – I help others find peace with God.
- **1 Corinthians 3:9; 2 Corinthians 6:1** – I get to *work together with God!*
- **Ephesians 1:1** – I am a *saint*—that means I belong to God’s family.
- **Ephesians 2:6** – I am seated with Jesus in heaven’s victory!
- **Ephesians 2:10** – I am God’s *masterpiece!* He made me for good things.
- **Philippians 3:20** – I am a *citizen of heaven!*

I Am Loved and Accepted

God loves me just the way I am, and He’s always glad to be with me!

- **John 15:15** – Jesus calls me *His friend*.
- **Romans 5:1** – I have peace with God because Jesus made me right with Him.
- **1 Corinthians 6:17** – I am one with Jesus in my spirit.
- **1 Corinthians 6:20** – I was bought with a price; I belong to God.
- **2 Corinthians 5:21** – God made me *righteous*—clean and right before Him.
- **Ephesians 1:5** – God adopted me as His *child*.
- **Ephesians 2:18** – I can talk to God anytime.
- **Ephesians 2:19** – I am part of God’s *family*.
- **Ephesians 3:12** – I can come to God with *boldness and confidence!*
- **Colossians 1:14** – I have been *forgiven* of all my sins.
- **Colossians 2:10** – I am *complete* in Christ—nothing is missing!

I Am Safe and Strong

God protects me and gives me strength every day!

- **John 1:12; Galatians 3:26–28** – I am a *child of God!*
- **Romans 8:28** – God makes *everything work for my good.*
- **Romans 8:35–39** – Nothing can *separate me from God’s love!*
- **Romans 8:1** – I am *free from guilt and shame.*
- **Romans 8:33** – No one can accuse me—I belong to God!
- **2 Corinthians 1:21** – God has called me His own, and no one can take me from Him.
- **Ephesians 1:13–14** – God gave me the *Holy Spirit* to remind me that heaven is my forever home.
- **Colossians 1:13** – God rescued me from darkness and brought me into Jesus’ Kingdom.
- **Philippians 1:6** – God will *finish the good work* He started in me.
- **Philippians 4:13** – I can do *all things* through Jesus who gives me strength.
- **2 Timothy 1:7** – God didn’t give me fear—He gave me *power, love, and a sound mind!*
- **Hebrews 4:16** – When I need help, I can go to God and find *grace and mercy.*
- **1 John 5:18** – I am born of God, and the evil one *cannot touch me!*

Say It Out Loud!

“I am loved by God.
I am part of His family.
I am strong, safe, and made for a purpose.
I am a child of the King!” 

Combating Lies About Your Salvation

♡ God's Promises Can Be Trusted

Sometimes we make mistakes or do wrong things, but God has promised to forgive us when we come to Him. His promises are true and never change!

1. God will show us kindness again and throw our sins far away into the deep sea. (Micah 7:19)
 2. God takes our sins so far away that they can never come back—just like how far east is from west! (Psalm 103:12)
 3. God puts all our sins behind His back and doesn't look at them anymore. (Isaiah 38:17)
 4. When we tell God we are sorry for our sins, He forgives us and cleans our hearts. (1 John 1:9)
 5. God says, "I forgive your sins and will not remember them anymore." (Isaiah 43:25)
 6. God promises to forgive and forget our wrongs forever. (Hebrews 8:12)
 7. Because we belong to Jesus, God doesn't make us feel guilty anymore. (Romans 8:1)
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⊕ Memorizing God's Word Helps You Stay Strong

"Then you will know the truth, and the truth will set you free." (John 8:32)

When Jesus was tempted by the devil, He answered with God's Word. We can do that too!

"I have hidden your word in my heart that I might not sin against you." (Psalm 119:11)

Here are some fun ways to memorize Bible verses:

1. Find a quiet spot and ask God to help you remember.
 2. Say the verse out loud—your ears help your heart learn!
 3. Say the verse reference (like "John 3:16") before and after the verse.
 4. Learn long verses a few words at a time.
 5. Go over your verses often so you don't forget them.
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💬 The Truth About Salvation

Sometimes people think they have to *earn* salvation by doing good things. But that's not true!

1. Salvation is a **free gift** from God—it can't be bought or earned. (Romans 6:23; John 3:36; Ephesians 2:8-9)
2. The only way to be saved is by **believing in Jesus**. (John 14:6; Acts 4:12)
3. We are saved by **faith**, even when we don't *feel* it. (2 Corinthians 5:7, 17)

4. We can believe and trust God’s Word, even when we don’t understand everything yet. (1 Corinthians 2:14; 1:18)
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Assurance of Salvation

Assurance means **being sure** that you really belong to God. You can know for sure that you are saved!

1. The Bible says we can *know* that we have eternal life. (1 John 5:12-13)
 2. When we try to hide sin, it hurts our peace with God—but when we tell Him the truth, He forgives us. (Proverbs 28:13)
 3. If we have said we are sorry for our sins and asked Jesus to be our Savior, we can be sure we are saved forever. (John 1:12; John 5:24; John 6:37; John 10:28; Acts 2:38; 1 Corinthians 1:8-9; 1 John 1:9)
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Remember:

Jesus loves you, forgives you, and promises never to leave you. You can always trust His Word!

You Must Fight to Stay Free

Evil Spirits Will Try to Come Back

After Jesus sets you free, the devil doesn't give up easily. Evil spirits may try to trick you or pull you back into old habits. But don't be afraid—Jesus has given you power and protection!

1. **Evil spirits try to come back.** They will look for ways to sneak in again, sometimes using people or situations to tempt you. (Matthew 12:43–45)
2. **Even Jesus was tempted!** The devil left Jesus for a while but planned to come back later. (Luke 4:13)

So we have to stay close to Jesus and keep our hearts strong!

How to Keep Your Freedom

Here's how to protect the freedom Jesus gave you:

1. **Give every part of your life to Jesus.** Let Him be your Lord and Leader. (John 1:11–12; Matthew 7:21–23)
2. **Ask to be filled with the Holy Spirit every day.** He gives you strength and peace. (Luke 11:13; Ephesians 5:18; Romans 8:13)
3. **Read and live by the Bible Word.** It's your sword to fight lies. (Matthew 4:4; Ephesians 6:17)
4. **Put on the armor of God.** This means trusting God, doing what's right, and standing strong. (Ephesians 6:10–18)
5. **Think like Jesus.** Fill your mind with good things and God's truth. (Romans 12:1–2; 2 Corinthians 10:3–5; Colossians 3:1–2)
6. **Pray in the Spirit.** The Holy Spirit helps you pray even when you don't know what to say. (Romans 8:26–27; Jude 20)
7. **Praise God often!** Singing and thanking God keeps your heart joyful and protected. (Isaiah 61:3; Hebrews 13:15)
8. **Choose good friends.** Be close to people who love Jesus. (1 John 1:7; Matthew 18:15–20)
9. **Build strong faith.** Read your Bible and listen to God's Word often. (Romans 10:17; Luke 8:18)
10. **Say what God says!** Speak His promises out loud. (Hebrews 10:23)
11. **Obey God quickly.** If you mess up, tell Him right away—He forgives you. (1 John 1:9)
 - o *Remember:* The Holy Spirit gently corrects us. Satan tries to make us feel hopeless and bad.
12. **Keep Jesus first in your life.** (Galatians 2:20)
13. **Say “no” to sin.** Ask God for help to push the devil away. (James 4:7; Romans 6:6, 11)

14. **Stay away from bad influences.** Don't hang out with people who lead you into trouble. (James 4:4)
 15. **Stay humble.** Remember, we need God every day. (James 4:6)
 16. **Use your authority in Jesus' name.** Tell evil spirits to go, and they must obey! (Matthew 16:19)
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Why Some People Lose Their Freedom

Sometimes people don't stay free because they forget these things:

1. They don't **really change**—that means truly changing their heart and behavior.
 2. They **don't confess** their sins to God or to someone who can pray with them. (1 John 1:9; James 5:16)
 3. They **won't forgive** people who hurt them. (Mark 11:25–26; Matthew 18:21–35)
 4. They **keep objects or habits** that invite darkness, like witchcraft or bad movies and pictures. (Acts 19:18–19)
 5. They **aren't honest** with God. Remember, He already knows everything!
 6. They **don't break connections** with people who pull them away from God.
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Remember

Jesus has already won the battle for you!
Stay close to Him, keep your armor on,
and walk every day in His love and power.