

# Deliverance Session Outline for Children

## Prepare the Room

- Arrange Chairs
  - Water
  - Tissues
  - Wastebasket
  - Queue age-appropriate music
  - Prepare children's PowerPoints
  - Child's *Staying Free Papers*
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## Preparing the Deliverance Session Outline

This outline may be filled in with specific information gathered from the child's questionnaire, as well as from the interview with the child and their parents.

Ideally, the parents have already completed their own deliverance process, which will enhance and simplify the child's deliverance. Parental readiness enables them to walk alongside their child and to help the child maintain freedom following the deliverance sessions.

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## Start of the Deliverance Session

After preparing the room and ensuring that all resources are in place, and with soft music playing, greet the child and parent at the church's entry doors. This helps create a welcoming atmosphere.

Assist the child and parent with seating. Introduce them to any additional person present to assist as an intercessor. This should be limited to one or two people, with the number agreed upon by the parent beforehand.

Using age-appropriate language and tone, provide an overview of what to expect. A children's deliverance session should generally not exceed one hour due to their shorter attention span.

The team leader should not feel pressured to rush through the entire outline in one session. All prayers and declarations may or may not be used. The items listed in this outline serve as suggestions that the team leader may adapt as needed when preparing the outline.

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## Inner Healing and Alter Personalities

The deliverance team leader should not feel obligated to follow the outline rigidly but should remain free to be led by the Holy Spirit. This is particularly important when issues of inner healing need to be addressed. In cases involving severe trauma, children may also manifest an alter personality. The team leader must be attentive to the emergence of such presentations and address them as they arise.

If a significant portion of the session is devoted to addressing certain issues, those primary concerns should receive focused attention. Other areas on the outline may be addressed during subsequent sessions.

### **Demonic Manifestations**

Demonic manifestations are not desirable; however, they did occur with children in biblical accounts, and they may occur today. As the team leader progresses through the prayers, they must be prepared for this possibility. If manifestations occur, the leader should remain calm and composed. Parents may become unsettled if they witness a demon speaking through or manifesting in their child. They need confidence in the team leader's ability to handle the situation, and seeing the leader respond calmly will provide reassurance, enabling the parents to engage their faith alongside the leader.

### **Challenging and Casting Out Demons**

In many situations, demons leave as individuals declare faith and choose a lifestyle aligned with biblical principles. However, in other cases, demons must be directly confronted, challenged, and expelled against their will. Scripture consistently demonstrates that intentional, authoritative action was taken to drive out demons, and similar patterns are observed in ministry today with both adults and children.

Demons often attempt to remain hidden. Therefore, every deliverance session must include a point at which any potential demonic presence is addressed directly. At this stage, the minister calmly but firmly commands the spirit to leave, withdraw from, or release the child.

This authoritative challenge and command is typically issued at a designated moment—often near the end of the session. Parents may be invited to participate in this portion of the ministry if their involvement strengthens the child's sense of safety and agreement with the process.

For additional preparation, deliverance team leaders are referred to *Level 2 – Lesson 10, page 15*, particularly the section titled “**Method of Casting Out Demons.**”

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## **1. Opening Prayer**

### **Leader explains:**

“As we start, we make sure this is a safe place where you can feel peaceful and loved. Jesus is here with us, and He's happy that you want to talk with Him. We are going to pray to welcome Jesus to be with us, and to make all darkness go away.”

### **Child repeats:**

- “Jesus, thank You for being here with me.”
- “Jesus, I believe You are here with me right now.”
- “I feel safe in Your presence.”
- “Jesus, I'm glad You are near me.”

- “Thank You for keeping me safe.”
- “I welcome You into my heart and this place.”
- “Jesus, I trust You.”

**Sample Prayer for the Leader:**

“Father, thank You for Your peace in this place. We believe You are going to watch over (name of child) and fill this room with Your love. We believe that Your power is present, driving out all darkness and filling us with joy, healing, and freedom through Jesus Christ.”

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## 2. Confession of Faith and Allegiance to Jesus

**Leader explains:**

“We start by saying what we believe. When we belong to Jesus, we don’t have to be afraid of anything.”

**Child repeats:**

- “Jesus, I believe You are the Son of God.”
- “You died for me and rose again.”
- “I give my life to You, and I belong to You forever.”
- “Jesus, You are my best friend.”
- “I give my heart and life to You.”
- “I choose to follow You every day.”
- “I love You, Jesus, and I trust You.”
- “Jesus, You are stronger than anything bad.”
- “Thank You for never leaving me.”

**Sample Prayer for the Leader:**

“Lord Jesus, thank You for being with (name of child). Let their heart be filled with Your life and truth. Seal them with Your Spirit and make them strong in Your love.”

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## 3. Assurance of God’s Love and Protection

**Leader explains:**

“God loves you very much. He will never leave you. His angels protect you everywhere you go.”

**Child repeats:**

- “God loves me and will never leave me.”
- “Jesus is my protector and my friend.”
- “I believe God is always watching over me.”
- “I believe angels are around me wherever I go.”
- “Jesus keeps me safe day and night.”
- “I am never alone because God loves me.”

**Sample Prayer for the Leader:**

“Father, wrap (name of child) in Your love. Enable them to feel safe and cared for under Your protection. Thank You that no evil can harm them because You are their shield.”

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**4. Renouncing the Enemy and Closing Ungodly Doors****Leader explains:**

“Sometimes we let bad things in when we believe lies or do things that are not pleasing to God. We’re going to close those doors and say ‘no’ to every evil thing.”

**Child repeats:**

- “When I’m tempted, Jesus helps me say no.”
- “I don’t have to do what’s wrong—I can choose what’s right.”
- “I turn away from sin and run to Jesus.”
- “I don’t listen to the devil’s lies.”
- “I choose to stop doing things that make Jesus sad.”
- “My hands, eyes, and mouth belong to Jesus.”
- “I will not lie, steal, or say mean words.”
- “Jesus helps me do what is right and kind.”
- “I am learning to walk in God’s ways.”

**Sample Prayer for the Leader:**

“In the name of Jesus, we close every ungodly door. We break the power of sin, fear, and lies. Thank You, Lord, that Your light now fills every place in (name of child)’s heart.”

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**5. Forgiveness****Leader explains:**

“When we forgive people who hurt us, it doesn’t mean what they did was okay. It means we give the pain to Jesus so He can heal us.”

**Child repeats:**

- “I choose to forgive everyone who hurt me.”
- “I forgive my mom and dad.”
- “I forgive my friends who were mean to me.”
- “I forgive myself for things I’ve done wrong.”
- “I let go of anger and sadness.”
- “I choose peace and love instead of hate.”
- “Jesus, thank You for forgiving me too.”

**Sample Prayer for the Leader:**

“Father, thank You for giving us the power to forgive. As (name of child) releases each person, let Your healing flow through their heart. Break the power of anger, hurt, and sadness, and fill them with Your love.”

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## 6. Breaking Soul Ties and Generational Bondages

**Leader explains:**

“Sometimes bad patterns or connections try to stay in our lives through family or past relationships. We’re going to ask Jesus to break every wrong connection and ask God to give our family His peace and goodness.”

**Child repeats:**

- “God, please make my family strong in Your love.”
- “Jesus, I choose Your ways for my life.”
- “Jesus, I belong to You, not to anything bad.”
- “God, fill my family with Your love and peace.”
- “Jesus, please break every bad pattern from my family.”
- “Jesus, I break every wrong connection to the past.”
- “Fill my heart with Your goodness.”
- “Thank You for giving my family a fresh start.”

**Sample Prayer for the Leader:**

“In Jesus’ name, we break every ungodly soul tie and every curse from the past. We release this child from any family bondage. Let Your blessing and freedom flow through their family line.”

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## 7. Freedom from Rebellion and Negative Habits

**Leader explains:**

“Sometimes we do wrong things over and over. Jesus helps us stop doing what hurts us or others.”

**Child repeats:**

- “Jesus, I’m sorry for disobeying or doing wrong things.”
- “I ask You to forgive me.”
- “Help me listen and obey.”
- “Give me Your power to do what’s right.”
- “Help me stop doing things that hurt others.”
- “Teach me to make good choices.”
- “Jesus, help my heart to be soft and kind.”
- “Help me stay patient and calm.”

**Sample Prayer for the Leader:**

“Lord, thank You for giving (name of child) a willing heart. Break the power of rebellion and bad habits. Fill them with Your Spirit of obedience and love.”

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**8. Releasing Hurtful Words****Leader explains:**

“When people hurt us with words, we have to give that pain to Jesus, and let Him take the pain, then heal the hurt inside.”

**Child repeats:**

- “I am loved, wanted, and chosen by God.”
- “I am not stupid or ugly—I am special to Jesus.”
- “Every mean word said about me has to leave my head.”
- “Those words do not belong to me anymore.”
- “I forgive people who said hurtful things to me.”
- “I am not what others say—I am what God says I am.”
- “Jesus’ truth is stronger than their words.”
- “Jesus, thank You for taking all my hurt and sadness.”
- “Jesus, thank You for healing my heart.”

**Sample Prayer for the Leader:**

“Jesus, we ask you to remove the roots of these mean words out of (name of child)’s heart. Heal the areas that cause pain and let Your love flow into every memory and make it new.”

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**9. Healing from Rejection, Trauma, and Family Pain****Leader explains:**

“Sometimes our hearts get hurt by things people do or say, or by things that happen in our families. Jesus cares about every one of those hurts. He understands your pain, and He wants to heal the sad, scared, or lonely places inside you. When we talk to Jesus about our pain, He takes it and gives us His love, peace, and comfort.”

**Child repeats:**

- “Jesus, I give You all the hurt in my heart.”
- “Please heal the places inside me that feel sad or scared.”
- “Thank You that You will never reject me or leave me.”
- “Help me feel Your love in all the places that were hurt.”
- “Jesus, take away the pain from things people said or did to me.”
- “Fill my heart with Your peace and make me strong again.”
- “Thank You, Jesus, that I am loved, wanted, and accepted by You.”
- “Heal my heart from things that happened in my family.”

**Sample Prayer for the Leader:**

“Jesus, touch every wounded place in (name of child’s) heart. Heal rejection, fear, and pain from their past. Let Your love flow into every memory and make it new.”

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**10. Replacing Lies with God’s Truth****Leader explains:**

“Sometimes we believe lies like ‘I’m not good enough’ or ‘God doesn’t love me’ or ‘I’m a bad boy, or a bad girl.’ We’re going to replace those lies with God’s truth.”

**Child repeats:**

- “I am loved by God.”
- “I am chosen and special.”
- “Jesus has a good plan for my life.”
- “I am not a bad person, because Jesus has forgiven all my sins.”
- “I am not bad—I am loved by Jesus.”
- “I am not a mistake—God made me on purpose.”
- “I am not alone—God is always with me.”
- “I am not forgotten—God knows my name.”
- “I am not unlovable—Jesus loves me very much.”

**Sample Prayer:**

“Lord, remove every lie from (name of child’s) heart. Write Your truth inside them: that they are loved, chosen, and valuable. Let Your truth be stronger than any lie ever told to them.”

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**11. Freedom from Fear and Nightmares****Leader explains:**

“Sometimes fear or bad dreams try to scare us. Jesus gives us peace and watches over us when we sleep.”

**Child repeats:**

- “I do not have to be afraid—Jesus is with me.”
- “I am safe in God’s arms.”
- “Fear, you must go in Jesus’ name!”
- “Jesus gives me peace in my heart.”
- “I will sleep in peace and not be afraid.”
- “I trust God to protect me.”
- “God’s love makes fear go away.”

**Sample Prayer:**

“Lord, thank You that Your perfect love drives out fear. We command every spirit of fear to leave in Jesus’ name. God, let (name of child) rest in peace and joy every night.”

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## 12. Receiving the Holy Spirit’s Filling and Power

**Leader explains:**

“After Jesus sets us free, He fills us with His Holy Spirit to help us live for Him every day.”

**Child repeats:**

- “Holy Spirit, please fill me.”
- “Fill my mind and body with Yourself.”
- “I receive your love, joy peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.”
- “Thank You for the change You are making in my mind.”
- “Thank You for the change You are making in my life.”

**Sample Prayer:**

“Holy Spirit, come and fill (name of child’s) heart. Give them power to walk in joy, peace, and love. Let Your presence be their comfort and guide always.”

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## 13. Blessing and Sealing Deliverance

**Leader explains:**

“Now we thank God for everything He’s done and ask Him to seal this freedom in your heart.”

**Child repeats:**

- “Thank You, Jesus, for setting me free.”
- “I belong to You forever.”
- “Jesus, thank You for helping me today.”
- “Please keep my heart clean and strong.”
- “Thank You for staying with me.”
- “Cover me with Your love every day.”

**Sample Prayer:**

“Lord, seal the work You’ve done today with Your love and power. Let (name of child)’s freedom be permanent, protected, and joyful. Fill them with Your peace and strength.”

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## 14. Blessing the Parents and the Home

### Leader explains:

“God wants your whole family to be full of love and peace. Let’s pray for your parents and everything in your home.”

### Child repeats:

- “God, please take care of my parents.”
- “Fill my parents and our home with peace and love.”
- “Give my parents wisdom and strength.”
- “Fill our home with Your happiness.”
- “Let our house be a place of peace.”
- “Cause my family to be filled with Your kindness.”
- “Protect our home from anything bad.”

### Sample Prayer:

“Father, fill this family with Your love, and protection, and cause them all to become one. Renew the parents’ spiritual covering and fill their home with Your presence. Let this home be full of worship, laughter, and peace.”

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## 15. Closing Prayer: Cleansing of the Room

### Leader explains:

“We thank God for what He’s done and ask Him to help you keep your freedom every day.”

### Child repeats:

- “Thank You, Jesus, for my new heart.”
- “Thank You for being with me today.”
- “Help me stay close to You.”
- “I believe Your angels will guard and protect me and my family.”
- “I believe You will protect my home, and my bedroom.”
- “Help me walk with You every day.”

### Sample Prayer:

“Lord, thank You for this beautiful work of freedom. Surround (name of child) with Your angels and peace. Teach them to walk daily with You in love, prayer, and truth. We command every bad spirit to leave this room and building; stay away from our vehicles, our homes, and our family members. Go where Jesus commands you to go.”

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**Aftercare: Child's Staying Free Papers**

The leader needs to take the time to review the "Child's Staying Free Papers" with them, ensuring they understand it, and that their parents will help them with the prayers and declarations in it.