

Directions for Stronghold Prayers

From the questionnaire the individual fills out, the deliverance team leader will get an idea of the areas in their life where there are potential strongholds. Select the stronghold categories that are most applicable to the person and focus on those specific categories during the deliverance session.

Renunciation

Ensure the person understands the meaning of the word “renunciation” or “renounce”:

1. To give up, refuse, or resign, usually by formal declaration.
2. To refuse to follow, obey, or recognize any further.
3. To renounce a claim.
4. To repudiate; disown.

After selecting, from the 16 stronghold categories, those that are most applicable to the person, allow the individual to read through the prayers themselves.

Stronghold of Anti-Christ (1 John 4:3)

In Jesus’ name I renounce the stronghold of Anti-Christ and every spirit of Anti-Christ, and its manifestations and fruit.

I Renounce:

- Any spirit that:
 - Denies the deity of Jesus
 - Denies the atonement
 - Comes against Christ and His teachings
 - Suppresses ministries
 - Secular Humanism
 - Worldly Speech and Actions
 - Profanity
 - Anything anti-Christian
 - Lawlessness and Rebellion
 - The Accuser
 - The Deceiver
 - Anger towards God
 - Any Serpent Spirit
 - Any Style of Ungodly Music
 - Legalism, Rituals
 - Idolatry
 - Religious Spirit
 - Teachers of Heresies
 - Scientology
 - Mormonism
 - Catholicism
 - Unitarianism
 - Buddhism
 - Hinduism
 - New Age
 - Freemasonry
 - Islam
 - Familiar Spirit of Anti-Christ
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Stronghold of Bondage (Romans 8:15)

In Jesus' name I renounce the stronghold of bondage and its manifestations and fruit.

I Renounce:

- Bondage to Fear
 - Bondage to All Addictions
 - Drugs
 - Alcohol
 - Cigarettes
 - Food
 - Sex
 - Pornography
 - Masturbation
 - Computers and Internet
 - TV, Movies, Video Games
 - Shopping
 - Gambling
 - Bondage to Lust or Perversion
 - Bondage to Sin
 - Compulsive Behavior
 - Compulsive to Sin
 - Religious Tradition
 - Idolatry
 - Bondage to Ambition and Achievement
 - Bondage to Bitterness and Unforgiveness
 - Bondage to Oppression
 - Spiritual Blindness and Deafness
 - Fear of Death
 - Spiritual Control
 - Insecurity
 - Accusations
 - Injustice
 - Familiar Spirit of Bondage
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Stronghold of a Deaf and Mute Spirit (Mark 9:25)

In Jesus' name I renounce the stronghold of deaf and mute spirit and its manifestations and fruit.

I Renounce:

- Spiritual Deafness
 - Spiritual Blindness
 - Compulsive Behavior
 - Mental Illness
 - Insanity
 - Senility
 - Schizophrenia
 - Paranoia
 - Hearing Voices
 - Hallucinations
 - Learning Disabilities (LD)
 - Crying
 - Ear Problems
 - Foaming at the Mouth
 - Alzheimer's
 - Gnashing of Teeth
 - Intense Depression
 - Prostration
 - Suicidal
 - Chemical Imbalances / Bi-Polar
 - Seizures and Epilepsy
 - Self-Hatred
 - Self-Mutilation and Self-Punishment
 - Eating Disorders / Bulimia / Anorexia
 - Double-Mindedness
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Stronghold of Death (1 Corinthians 15:26)

In Jesus' name I renounce the stronghold of the spirit of death and the curse of premature death. I break all plans of the enemy, past, present, and future, and I break every assignment against my life due to:

- Accidents
- Assault
- Abduction
- Injury
- Illness
- Infirmary
- Random Acts of Violence
- Disease
- Cancer
- Suicide
- Fighting
- Daredevil Acts
- Speeding
- Murder
- HIV / AIDS

I break every assignment of:

- Abortion
- Miscarriage
- Death
- Destruction
- A Familiar Spirit of Death

And I break every assignment of death to my:

- Ministry and Calling
 - Anointing and Spiritual Gifts
 - Relationships
 - Marriage/ Family
 - Finances
 - Dreams
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Stronghold of Divination (Acts 16:16)

In Jesus' name I renounce the stronghold of divination, the occult, and witchcraft, and its manifestations and fruit.

I Renounce:

- Lust for Power and Control
- Fortune Tellers and Psychics
- Stargazer, Zodiac, and Horoscopes
- Warlock, Witch, Sorcerer, Wizard
- Mind-Control
- Manipulation and Control
- Automatic Handwriting
- Handwriting Analysis
- Shaman and Witchdoctor
- Spirit Guides
- Animal Guides
- Astral Projection
- Druid and Celtic Witchcraft
- Rebellion
- Hypnotist and Enchanter
- Acupuncture
- Drug Use, Illegal or Prescription
- Birth Charts
- Black or White Magic
- Spiritism
- Water Witching and Divination
- WICCA
- Numerology
- Voodoo and Santeria
- Imaginary Friends
- Satanism
- Superstitions / Old Wives Tales
- Charms
- Fascination with Evil

- Demonic Movies / Games / Books
 - Freemasonry
 - Familiar Spirit of Divination / Witchcraft
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Stronghold of Error (1 John 4:6)

In Jesus' name I renounce the stronghold of error and its manifestations and fruit.

I Renounce:

- A Spirit of Error
 - All false prophecies spoken over me
 - Un-Submissive/ Hyper-spiritual
 - Hypocrisy
 - All False Doctrines
 - Mormonism
 - Scientology
 - Catholicism
 - New Age
 - Buddhism
 - Hinduism
 - Islam
 - Unitarianism
 - Freemasonry
 - Twisting Scripture
 - An Unteachable Spirit
 - Mixing the Holy and Profane
 - A Defensive and Argumentative Spirit
 - Contentions
 - Having a Form of Godliness but Denying Its Power
 - Mental Confusion and Fears
 - Dullness of Comprehension
 - Spiritual Hindrances to:
 - Prayer
 - Bible Study
 - Listening to Sermons
 - Moving in the Gifts of the Spirit
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Stronghold of a Familiar Spirit (Leviticus 19:31)

In Jesus' name I renounce all familiar spirits, all knowing spirits, and generational spirits, and their manifestations and fruit.

I Renounce the Familiar Spirit of:

- Fear
- Death
- Anti-Christ
- Religion
- Bondage
- Pride
- Heaviness
- Prostitution
- Seducing and Enticing
- Deaf and Mute
- Jealousy and Anger
- Lying
- Infirmary
- Divination
- Inferiority and Low Self-Esteem
- Bigotry and Racism
- Self-Pity
- Divorce
- Abortion
- Slavery
- Poverty and Lack

I also renounce:

- Necromancy
 - Medium and Wizard
 - Yoga and All Mantras
 - Chants and Spells
 - Clairvoyance
 - Spiritist
 - Spirit and Animal Guides
 - Drug Use
 - False Prophecies
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Stronghold of a Fear (2 Timothy 1:7)

In Jesus' name I renounce the stronghold of fear, and its manifestations and fruit.

I Renounce:

- A Spirit of Fear
 - Untrusting and Doubt
 - Worry and Unbelief
 - Anxiety and Stress
 - Panic Attacks
 - Torment and Horror
 - Fear of the Dark
 - Fear of Death
 - A Hermit or Recluse Spirit
 - Fear of Men or Women
 - Fear of Commitment
 - Fear of Relationships
 - Fear of Molestation or Rape
 - Fear of Rejection
 - Fear of Abandonment
 - Fear of Heart Attack
 - Fear of Sickness & Disease
 - Fear of Saying No
 - Fear of Failure
 - Fear of the Future
 - Perfectionist
 - Not Good Enough
 - Unhealthy Fear of God
 - All Phobias
 - Heights / Animals / Spiders and Snakes / Water, etc.
 - Fear that Came from Horror Movies
 - Fear that Came in the Womb
 - Fear of Public Speaking
 - Fear of Lack
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Stronghold of Pride (Proverbs 16:18)

In Jesus' name I renounce the stronghold of pride, and its manifestations and fruit.

I Renounce:

- Arrogant and Smug
- Vain and Vanity
- Professional Pride
- National Pride
- Regional Pride
- Religious Pride
- Bragging and Boastful
- Egotistical
- Scornful
- Obstinate
- Self-Righteous
- Dictatorial and Controlling
- Overbearing and Domineering
- Manipulation and Control
- Rejection of God and All Authority
- False Humility
- Holier than Thou Attitude
- Exalted Feelings
- Gossip
- Division

- Contentious
 - Strife
 - Self-Deception
 - Performer
 - Attention-Seeker
 - Interruption
 - Always Right
 - Critical and Fault-Finding
 - Familiar Spirit of Pride
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Stronghold of Heaviness (Isaiah 61:3)

In Jesus' name I renounce the stronghold of heaviness and its manifestations and fruit.

I Renounce:

- Sorrow and Grief
 - Self-Pity
 - Embarrassment
 - Shame
 - Injustice
 - A Broken Heart
 - Inner Hurts and a Torn Spirit
 - Regrets from Unfairness of Life
 - Excessive Mourning
 - Suicidal Thoughts
 - Gluttony, Bulimia, Anorexia
 - Loneliness
 - Heaviness and Depression
 - Discouragement and Despair
 - Dejection and Hopelessness
 - Inferiority and Low Self-Esteem
 - Results of Sexual Abuse
 - Lack of Praise and Unpacified Emotions
 - Suppressed Emotions: (fear, anger, rage, violence, and hatred)
 - Self-Hatred
 - Self-Mutilation and Self-Punishment
 - Insomnia
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Root of Rejection

In Jesus' name I renounce the stronghold of rejection that entered:

- While I was in the womb (through violence, or the threat of abortion)
- During childbirth (through trauma or by being the wrong sex)
- While in the hospital
- By not bonding with my mother at birth
- By not bonding with my father
- Through adoption or the threat of adoption
- Through childhood hurts and abuse at home or at school
- Through hurts and abuse at church and church splits
- Through separation or divorce or the threat of divorce
- Through death of a loved one
- By betrayal or a broken engagement
- By loss of a job
- Through depression
- Through perceived or expected rejection
- Through guilt or shame
- Through actual abandonment and rejection
- Through a familiar spirit of rejection

Stronghold of Infirmity (Luke 13:11)

In Jesus' name I renounce the stronghold of infirmity, and its manifestations and fruit; and I break every assignment: past, present, and future.

I Renounce:

- Hypochondria
- A Bent Body and Spine
- Neck and Back Problems
- Chemical Imbalance
- Hormone Imbalance
- All Mental Illness
- Bi-Polar
- Impotent
- Arthritis and a Root of Bitterness
- Diabetes
- All Oppression
- Pain and Affliction
- All Lingering Disorders
- Migraines
- TB and Emphysema
- Blood Disorders
- Female Problems
- Alzheimer's and Dementia
- Scoliosis
- All Depression
- Cancer
- Tumors, Cysts, and Growths
- Weakness—Tiredness and Fatigue
- All Infections (viral and bacterial)
- Asthma / Allergies / Hay Fever
- Epilepsy and Seizures
- Auto Immune
- Sexually Transmitted Diseases
- Parasites
- Familiar Spirit of Infirmity

Stronghold of Jealousy (Proverbs 6:34)

In Jesus' name I renounce the stronghold of jealousy, and its manifestations and fruit.

I Renounce:

- Jealousy
- Murder
- Revenge and Spite
- Cruelty
- Extreme Competition
- Causing Divisions
- Coveting
- Selfishness
- Envy
- Strife
- Contention
- Frustration
- Hatred
- Anger and Rage
- Violence
- Bigotry and Racism
- Abuse and Abuser
- A Vigilante Spirit
- Suppressed Anger and Rage
- Familiar Spirit of Jealousy

Stronghold of Lying (2 Chronicles 18:22)

In Jesus' name I renounce the stronghold of lying, and its manifestations and fruit.

I Renounce:

- Deception
- Self-Deception

- Gossip
 - Flattery
 - Exaggeration
 - False Memories
 - All lies I have believed about myself
 - The lie that I'll never be free
 - All Lies—White and Black
 - Stealing and Cheating
 - Slander
 - Accusations
 - Driving Zeal
 - Covenant-Breaker
 - Bankruptcy
 - Divorce
 - Church Membership
 - Familiar Spirit of Lying
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Stronghold of Perversity (Isaiah 19:14)

In Jesus' name I renounce the stronghold of perversity, and its manifestations and fruit.

I Renounce:

- Uncleaness and Lewdness
 - Illegitimacy
 - Evil Actions
 - Abortion
 - Child Abuse and Molestation
 - Incest—Physical and Emotional
 - Prostitution / Body, Soul and Spirit
 - Masturbation and Self-Gratification
 - Exposure and Voyeurism
 - A Filthy Mind
 - Sex Perversions
 - Orgies
 - Satanic Dedications and Marriage Ceremonies
 - Rape
 - Pornography
 - Sodomy
 - Lust
 - Homosexual / Lesbianism
 - Bisexual / Bestiality
 - Sadomasochism
 - Frigid Spirit (sexual or emotional)
 - Effeminate Spirit (males only)
 - Masculine Spirit (females only)
 - Fornication and Adultery
 - All Sexual Demons:
 - Incubus / Succubus / Lilith
 - Familiar Spirit of Perversity
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Stronghold of Prostitution (Hosea 5:4)

In Jesus' name I renounce the stronghold of prostitution, and its manifestations and fruit.

I Renounce:

- Adultery
- Fornication
- Prostitution
- Love of Money
- Materialism
- Love of Control/ Power
- Excessive Appetites
- Worldliness
- Worldly Speech and Actions
- Idolatry
- Pornography
- Chronic Dissatisfaction
- Love of Self
- Self-Reward
- Familiar Spirit of Prostitution