

Staying Free

Deliverance is not the end; it is the beginning. We receive deliverance from past hurts, wounds, and bondages, and then we press on toward the goal. As we do so, we need to understand that no matter what our nationality or where we are from, we have a new citizenship. We are no longer of this world; our citizenship is in heaven and we are just travelers passing through this world. Knowing this will help us to keep our focus on the goal. We should also note that the enemy is not going to give up. There will still be temptations, trials, tests, and attacks. When we are under an attack, we need to know *that it will pass* (2 Cor. 4:17).

To stay free after being delivered, a couple of scriptures come to mind. The first is Matthew 12:43-45, where Jesus says: *“When an evil spirit leaves a person, it goes into the desert, seeking rest but finding none. Then it says, ‘I will return to the person I came from.’ So it returns and finds its former home empty, swept, and in order. Then the spirit finds seven other spirits more evil than itself, and they all enter the person and live there. And so that person is worse off than before. That will be the experience of this evil generation.”*

We want to make sure when that spirit returns—and they will return seeking reentry—that they find the house full of the Holy Spirit and the power of God. To do this we must be baptized in the Holy Spirit and full of the Word of God.

The next scripture is John 5:1-15, which is the story of the man at the pool of Bethesda. In verse 8, Jesus said to the man, *“Get up! Pick up your mat and walk.”*

The man was instantly cured, and in verse 14 the Bible says, *“Afterward Jesus found him in the temple, and said to him, ‘See, you have been made well. Sin no more, lest a worse thing come upon you.’”*

Most bondages come in through sin, and most spirits and strongholds are fed by sin. So to walk out our deliverance, and to stay free, we too should *“sin no more!”*

Having made the decision to forgive is huge, as it pertains to maintaining deliverance, as Satan will attempt to get you to undo that decision and open you up to a root of bitterness.

We should also change old habits. Bad habits, as well as sin, open the door for the devil to put hooks in us. We need to ask God to show us any and all bad habits so we can break them. To walk in freedom, we must choose to walk in the truth of the Word of God and not by feelings. Feelings are up and down, and if we walk by our feelings, we too will be up and down. We need to walk by faith, and in the Spirit—then we will walk in freedom.

Rev. 12:11 says, *“we are overcomers by the Blood of the Lamb and the word of our testimony.”* Our testimony reminds us of where we came from and what God has delivered us from.

Suggestions for after Your Deliverance

1. Cleanse your home: remove all ungodly music, movies, books, pictures, magazines, letters, photos, knickknacks, idols, witchcraft items, Masonic items and jewelry, and any articles of affection from an affair or an ungodly relationship. The delivered person should ask the Holy Spirit what should be thrown out, and a good rule of thumb is—when in doubt, throw it out.
2. Follow the practices that would be recommended for a new Christian, because you need to restore the foundation in your life.
3. Learn how to use the armor of God (Eph. 6:10-20).

Daily Prayer and Declaration

Heavenly Father, I praise you and honor you as my Lord. You are in control of all things. I thank you that you are always with me and will never leave me nor forsake me. You are the only all-powerful and only wise God. You are kind and loving in all your ways. I choose not to love the world or the things in the world, and I crucify the flesh and all its passions.

Thank you for the life I now have in Christ. I ask you to fill me with the Holy Spirit so I may say no to sin and yes to you. I declare my total dependence upon you and I take my stand against Satan and all his ways. I choose to believe the truth of God's word despite what my feelings may say. I refuse to be discouraged; you are the God of all hope. Nothing is too difficult for you. I am confident that you will supply all my needs as I seek to live according to your word. Thank you that I can be content and live a responsible life through Christ who strengthens me.

I now take my stand against Satan and command him and all his evil spirits to depart from me. I choose to put on the full armor of God so I may be able to stand firm against all the devil's schemes. I submit my body as a living and holy sacrifice to God, and I choose to renew my mind by the living word of God. By so doing I will be able to prove that the will of God is good, acceptable, and perfect for me. In the name of my Lord and savior, Jesus Christ. Amen.

Bedtime Prayer

Thank you, Lord, that you have brought me into your family and have blessed me with every spiritual blessing in the heavenly places in Christ Jesus. Thank you for this time of renewal and refreshment through sleep. I accept it as one of your blessings for your children, for you guard my mind and my body during my sleep.

As I have thought about you and your truth during the day, I choose to let those good thoughts continue in my mind while I am asleep. I commit myself to you for your protection against every attempt of Satan and his demons to attack me during sleep. Guard my mind from nightmares. I renounce all fear and cast every anxiety upon you, Lord. I commit myself to you as my rock, my fortress, and my strong tower. May your peace be in this place of rest now. In the strong name of the Lord Jesus Christ, I pray. Amen.

Confessions for Overcomers

My body is a temple for the Holy Spirit (1 Cor. 6:19), redeemed (Eph. 1:7; Ps. 107:2), cleansed (1 John 1:7), and sanctified by the Blood of Jesus (Heb. 13:12). My members—the parts of my body—are instruments of righteousness (Rom. 6:13), yielded to God for his service and for his glory. The devil has no place in me, no power over me, no unsettled claims on me. All has been settled by the Blood of Jesus (Rom. 8:33-34). I overcome Satan by the Blood of the Lamb and by the word of my testimony, and I do not love my life so much that I fear death (Rev. 12:11). My body is for the Lord and the Lord is for my body (1 Cor. 6:13).

I am not just an ordinary person; I am a child of the living God. I am an heir of God and a joint heir with Jesus Christ. I am part of a chosen generation, a royal priesthood, a holy nation; I am one of God's people (Gal. 4:6-7; 1 Pet. 2:9).

I am not under guilt or condemnation. There is no condemnation for those in Christ Jesus. Satan is a liar. I will not listen to his accusations. No weapon formed against me will prosper (Rom. 8:1; Isa. 54:17).

My mind is being renewed by the Word of God. I pull down strongholds, I cast down imaginations, and I force every thought to obey Christ (2 Cor. 10:4; Rom. 12:2).

I am accepted by God. If God is for me, who can be against me? Nothing can separate me from the love of Christ (Rom. 8:35-39).

Satan is defeated: the Son of God came into the world to destroy the works of the devil. No longer will he oppress me. I defeat Satan and all his demons by the Blood of the Lamb, by the word of my testimony, not even fearing death. I submit to God; I resist the devil and he must flee from me **NOW!!** (Rev. 12:11; James 4:7-8).

No temptation will overtake me that is not common to man. But God is faithful; He will not let me be tempted beyond my strength but with the temptation will also provide a way of escape that I may be able to endure it (1 Cor. 10:13).

I give no place for fear in my life. That which a man fears comes upon him. The fear of man brings a snare, but perfect love casts out fear. I sought the Lord and he heard me and delivered me from all my fears (2 Tim. 1:7; 1 John 4:18; Ps. 34:4).

The Lord is my light and my Salvation; Whom shall I fear? The Lord is the strength of my life; Of whom shall I be afraid? God is my refuge and strength, a very present help in trouble. Therefore I will not fear (Ps. 27:1; Ps. 46:1-2).

I am not ashamed of the gospel, for it is the power of God unto Salvation to those who believe (Rom. 1:16).

I am a believer, not a doubter. I have faith towards God. My faith is not in myself or in the realm of my feelings, but in a living God who will never fail me nor forsake me. I walk by faith and not by sight (2 Cor. 5:7).

I will be anxious for nothing. He will keep me in perfect peace, for my mind is stayed upon him (Phil. 4:6-7; Isa. 26:3).

I choose this day to live by faith, to walk by faith, and to see with the eyes of faith. I will go from faith to faith, from strength to strength, from glory to glory (Rom. 1:17; 2 Cor. 5:7).

I look not to the healing but to the healer: Jesus Christ, my Lord. My body is for the Lord and the Lord is for my body. He took away my sickness and carried all my diseases. By his stripes I am healed. The same spirit that raised Christ from the dead is at work in my body, giving me life (1 Pet. 2:24; Matt. 8:16-17).

Other Scriptures to Think About

Being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus (Phil. 1:6).

Endure hardship with us like a good soldier of Christ Jesus (2 Tim. 2:3).

If we endure, we will also reign with him. If we disown him, he will also disown us (2 Tim. 2:12).

Let us hold unswervingly to the hope we profess, for he who promised is faithful (Heb. 10:23).

So, do not throw away your confidence; It will be richly rewarded. You need to persevere so that when you have done the will of God, you will receive what he has promised (Heb. 10:35-36).

The Truth About God

I RENOUNCE THE LIE THAT MY FATHER GOD IS ...	I JOYFULLY ACCEPT THE TRUTH THAT MY FATHER GOD IS ...
1. Distant and uninterested	1. Intimate and involved (Ps. 139:1-18)
2. Insensitive and uncaring	2. Kind and compassionate (Ps. 103:8-14)
3. Stern and demanding	3. Accepting and filled with joy and love (Zeph. 3:17; Rom. 15:7)
4. Passive and cold	4. Warm and affectionate (Isa. 40:11; Hos. 11:3-4)
5. Absent or too busy for me	5. Always with me and eager to be with me (Jer. 31:20; Ezek. 34:11-16; Heb. 13:5)
6. Never satisfied with what I do, impatient, or angry	6. Patient and slow to anger (Ex. 34:6; 2 Pet. 3:9)
7. Mean, cruel, or abusive	7. Loving, gentle, and protective of me (Ps. 18:2; Jer. 31:3; Isa. 42:3)
8. Trying to take all the fun out of life	8. Trustworthy and wants to give me a full life; his will is good, perfect, and acceptable (Lam. 3:22-23; John 10:10; Rom. 12:1-2)
9. Controlling or manipulative	9. Full of grace and mercy; he gives me freedom to fail (Luke 15:11-16; Heb. 4:15-16)
10. Condemning or unforgiving	10. Tenderhearted and forgiving; his heart and arms are always open to me (Ps. 130:1-4; Luke 15:17-24)
11. Nitpicking, exacting, or perfectionistic	11. Committed to my growth and proud of me as his growing child (Rom. 8:28-29; 2 Cor. 7:4; Heb. 12:5-11)
I am the apple of his eye! (Deut. 32:10)	

The Truth About Me

The Truth About Me	
I Am Significant	
Matthew 5:13	I am the salt of the earth.
Matthew 5:14	I am the light of the earth.
John 1:12; 1 John 3:1-3	I am a child of God.
John 15:1, 5	I am a branch of the true vine, a channel of his life.
John 15:16	I have been chosen and appointed to bear fruit.
Acts 1:8	I am a personal witness of Christ's.
1 Corinthians 3:16	I am God's temple.
1 Corinthians 12:27	I am a member of Christ's body.
2 Corinthians 5:17, 18	I am a minister of reconciliation for God.
1 Cor. 3:9; 2 Cor. 6:1	I am God's coworker.
Ephesians 1:1	I am a saint.
Ephesians 2:6	I have been raised up and I am seated with Christ.
Ephesians 2:10	I am God's workmanship.
Eph. 2:6; Phil 3:20	I am a citizen of heaven.
I Am Accepted	
John 15:15	I am Christ's friend.
Romans 5:1	I have been justified.
1 Corinthians 6:17	I am joined to the Lord and I am one spirit with him.
1 Corinthians 6:20	I have been bought with a price. I belong to God.
2 Corinthians 5:21	I have been made righteous.
Ephesians 1:5	I have been adopted as God's child.
Ephesians 2:18	I have direct access to God through the Holy Spirit.
Ephesians 2:19	I am a member of the household of God.
Ephesians 2:19	I am a fellow citizen with the rest of the saints.
Ephesians 3:12	I may approach God with boldness and confidence.
Colossians 1:14	I have been redeemed and forgiven of all my sins.
Colossians 2:10	I am complete in Christ.
I Am Secure	
John 1:12; Gal. 3:26-28	I am a child of God.
Romans 8:28	I am assured that all things work together for good.
Romans 8:35, 38-40	I cannot be separated from the love of God.
Romans 8:1	I am free forever from condemnation.
Romans 8:33	I am free from any condemning charges against me.
2 Corinthians 1:21	I have been established, anointed, and sealed by God.
Ephesians 1: 13, 14	I have been given the Holy Spirit as a pledge, guaranteeing my inheritance to come.
Colossians 1:13	I have been delivered from the domain of darkness and transferred to the Kingdom of Christ.
Colossians 3:3	I am hidden with Christ in God.
Philippians 1:6	I am confident that the good work that God has begun in me will be perfected.
Philippians 4:13	I can do all things through him who strengthens me.
2 Timothy 1:7	I have not been given a spirit of fear, but of power, love, and a sound mind.
Hebrews 4:16	I can find grace and mercy in time of need.
1 John 5:18	I am born of God and the evil one cannot touch me.

Combating Lies About Your Salvation

God's Promises Can Be Trusted

1. You will again have compassion on us; you will tread our sins underfoot and hurl all our iniquities into the depths of the sea. (Mic. 7:19)
2. As far as the east is from the west, so far has he removed our transgressions from us. (Ps. 103:12)
3. You have put all my sins behind your back. (Isa. 38:17)
4. If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. (1 John 1:9)
5. "I, even I, am he who blots out your transgressions, for my own sake, and remembers your sins no more." (Isa. 43:25)
6. For I will forgive their wickedness and will remember their sins no more. (Heb. 8:12)
7. Therefore, there is now no condemnation for those who are in Christ Jesus. (Rom. 8:1)

Memorizing Truth Will Set You Free—John 8:32

Memorizing Scriptures will help you grow spiritually, as quoting Scriptures is what Jesus used when tempted. (Matt. 4:4, 7, 10)

"I have hidden your word in my heart that I might not sin against you" (Ps. 119:11).

1. In a quiet place, pray and ask God to give you the ability to memorize.
2. Always speak out loud when practicing memorization.
3. Speak the reference first, then the verse itself. Conclude with saying the reference.
4. When verses are long, memorize short segments at a time.
5. Frequently reviewing your memory verses will keep them fresh in your mind.

Overcoming False Assurance and Doubts of One's Salvation

Salvation isn't earned from church attendance, giving money, or other good activities.

1. Salvation is obtained as a free gift from God. (Rom. 6:23; John 3:36; Eph. 2:8-9)
2. Salvation is only attainable through Jesus Christ. (John 14:6; Acts 4:12)
3. We are saved by faith, regardless of how we feel. (2 Cor. 5:7, 17)
4. Salvation is by faith, even if we don't understand everything about it. (1 Cor. 2:14; 1:18)

Assurance of Salvation

1. You can receive complete assurance that you are saved. (1 John 5:12-13)
2. It is true that secret sins hinder assurance. (Prov. 28:13)
3. Persecution, trials, and sufferings can cause doubt, but in reality they are evidence of our salvation. (1 Thess. 3:3; James 1:2; 1 Peter 1:6-7; Matt. 13:21)
4. If we've repented from our sins and have received Christ by faith, we can have confidence in our salvation. (John 1:12, 5:24, 6:37, 10:28; Acts 2:38; 1 Cor. 1:8-9; 1 John 1:9)

You Must Fight to Maintain Your Deliverance

Evil Spirits Will Attempt to Take You Over Again

1. Evil spirits will seek to return. They will be very deceptive working through human beings, trying to find a crack in your armor. (Matt. 12:43-45)
2. When Satan tempted Jesus, he planned to return at a later time. (Luke 4:13)

How to Keep Your Deliverance

1. Yield every area of your life to the Lordship of Christ. (John 1:11-12; Matt. 7:21-23)
2. Always be filled with the Holy Spirit. (Luke 11:13; Eph. 5:18; Rom. 8:13)
3. Live by the Word of God. (Matt. 4:4; Eph. 6:17)
4. Continually wear the whole armor of God. (Eph. 6:10-18)
5. Renew your mind daily. (Rom. 12:1-2; 2 Cor 10:3-5; Rom. 8:5-7; Col. 3:1-2)
6. Pray in the Spirit. (Rom. 8:26-27; 1 Cor. 14:2, 14-15; Jude 20)
7. Practice praise. (Is. 61:3; 60:18; Heb. 13:15)
8. Cultivate right relationships. (Matt. 18:15-20; 1 John 1:7; 1 John 2:9-11)
9. Build a strong, dynamic faith. (Rom. 10:17; Mark 4:24; Luke 8:18)
10. Practice confessing the Word of God. (Heb. 3:1, 4:14, 10:23)
11. Seek to obey the Lord in every area of your life. If you fail in any area, make an immediate confession. (1 John 1:9)
 - Note: Conviction comes from the Holy Spirit. Condemnation comes from Satan.
12. Make Jesus Christ central in your life. (Gal. 2:20)
13. Daily crucify the flesh. Submit to God and resist the devil. (James 4:7; Rom. 6:6, 11)
14. Avoid those people who are a bad influence on your life. (James 4:4)
15. Keep a humble spirit. (James 4:6)
16. Use your authority in Jesus Christ. (Matt. 16:19)

A Few Reasons Why Deliverance Is Not Complete

1. Lack of true repentance; repentance means a change of attitude and behavior. You must release judgment on others.
2. Failure to confess sins. (1 John 1:9; James 5:16)
3. Failure to forgive others. (Mark 11:25-26; Matt. 18:21-35)
4. Failure to break and renounce occult sins. (Acts 19:18-19)
5. Unwillingness to be completely honest with God. (God knows you inside and out.)
6. Failure to break ungodly soul ties.