

# Outline for a Deliverance Session

## PREPARE THE ROOM

- Songs prepared
- Bible/ Cross
- Anointing Oil
- Tissues
- Pail with plastic lining
- No objects—weapons
- PowerPoints prepared
- “Instead of” paper
- Someone to take notes
- Water
- Copy of “Staying Free”

1. Greet the prayer team as they arrive. Sincerely ask how they are doing.
2. Greet the individual receiving ministry.
  - a) Reassure and comfort them.
  - b) When the person to be prayed for arrives, they are often anxious about what will happen. The number of people on the team can, at first glance, seem intimidating. This can be overcome by the way that team greets the individual. If they are greeted with love, warmth, and friendliness, it will do much to set at ease any fear or concern.
3. Open with prayer.
  - a) Thank the Lord for the opportunity to minister to the individual.
  - b) Ask Him to come in power and set the person free.
  - c) Pray a covering for each person present.
  - d) Anoint the person with oil for their healing and deliverance.
  - e) Bind all spirits that may attempt to control, hide, or escape notice—in, on, or around the person, even those that would try to assist from the outside.
4. Explain to the person seeking deliverance:
  - a) Deliverance is about making right decisions—*for the rest of their life*.
  - b) Deliverance is about renouncing lies and embracing truth.
  - c) Deliverance is about making Jesus the center of their life.
  - d) Deliverance is about repentance and closing all doors.
  - e) Deliverance is about carrying out God’s mission for the world alongside others involved in the same mission. Are they willing to make that commitment?
5. Questions to ask:
  - a) Are they using psychiatric meds/ street drugs, alcohol / inhibiting the ability to respond to the emotions/ will?
  - b) Ask any clarifying questions from the questionnaire that were not clear.
  - c) Are there any cursed objects in the home / music/ ungodly Images/ posters/ books/ porn/ statues / videos?
6. Sing a song(s).
7. Explain

- a) Complete and total honesty is needed.
    - Tell the candidate for deliverance that there will be no condemnation, but they must not try to hide things from God’s all-seeing eyes, and at the same time in their mind hold onto something sinful, intending to pick it back up after deliverance.
  - b) Honesty in the release of emotions.
    - Let them know that deliverance is dependent upon honesty with the release of emotions. If emotions are buried, their deliverance may be impeded.
  - c) This is their deliverance (it is between Jesus and them).
    - Tell them that God may show them something, or say something to them, and when He does, they must tell you immediately what they hear, see, or feel. Evil spirits may show them something or speak to them—lying, deceiving, hindering, inflicting pain. They must immediately tell us what they hear, see, or feel.
8. Prayers to lead them through:
    - a) Forgiveness
    - b) Soul tie
    - c) Generational curses (with the “Instead Of” paper)
    - d) Strongholds
    - e) Renunciation prayers
    - f) Inner healing
    - g) Investigate for alter-personalities
    - h) Deliverance prayer
    - i) Expel demons (if present)
  9. Closing the Session
    - a) Pray for the infilling of the Holy Spirit.
    - b) Review the “Staying Free” papers.
    - c) Pray a blessing on the person.
    - d) Pray for cleansing/ protection for room and each person present and their families.
  10. Debrief with the team
    - a) Remind the group about the need for confidentiality.
    - b) What did we do well.
    - c) What could we have done better?
    - d) What did they learn?
    - e) What questions do they have?
  11. Follow up call with the person delivered. If needed, schedule another session.
  12. Give a deliverance session report to the pastor.