

Forgiveness Prayer

Father, in the name of Jesus I confess that I have held unforgiveness, bitterness, prejudices, hatred, anger, rage, and desire for retaliation in my heart.

I now recognize this as sin and confess it as sin, for you have said in your Word that if we confess our sin, you are faithful and just, and will forgive us our sins and will cleanse us of all unrighteousness (1 John 1:9).

I confess I have caused harm to others by my behavior and lack of love. You have told me in your Word that to be forgiven, I must forgive.

I choose to obey your Word, and I declare and confirm my forgiveness to each and every person, living or dead, who has in any way hurt, disappointed, betrayed, failed, abused, or caused unjust pain to me.

I also choose to forgive every institution, organization, or authority that has caused undue hardship in my life because of unfairness, theft, or deception.

Father, I wait now for You to bring to my mind, through the Holy Spirit's ministry, any specific person or situation I need to forgive. . .*(Pause here to see what the Holy Spirit brings to mind, then specifically forgive each person or situation.)*

I choose now to forgive all those on my list.

Father, Your Word says that whoever calls on your name shall be delivered.

Father in heaven, I do now receive your forgiveness. I believe your Word that says if we confess our sins you are faithful and just to forgive our sins and cleanse us from all unrighteousness (1 John 1:9).

Thank you for cleansing me from all the effects of unforgiveness and bitterness.

I now believe I am forgiven, knowing there is no condemnation in Christ Jesus.