

Generational Curses Directions

People do not know their great-great grandparents, going back 3, 4, and even 10 generations. Nor do they know the things their ancestors were involved in. That is a lot of people! (Ex. 20:5-6; 34:7; Num. 14:17-19; Deut. 23:2-5; 1 Sam. 3:12-14; cf. 1 Sam. 2:27-33; 2 Sam. 21:1-6; Neh. 9:2; Jer. 2:9; Lam. 5:7; Dan. 9:16; Matt. 27:22-25; cf. Jer. 31:29-30 and Ezek. 18:2-3).

Due to this lack of knowledge, this prayer exercise is conducted to break any evil spirit that would attempt to persist in maintaining its grip on you or your descendants' lives. Sometimes people have been set free using this tool during counseling, without even going through deliverance.

The use of this tool during deliverance sessions has proven to be invaluable. This is what has been discovered through its use:

1. There were a lot less violent manifestations.
 - By praying through the list, the “legal rights” of the enemy are taken away.
 - People yawned, burped, and there were a few manifestations, but not as violent as previously experienced.
2. Time was cut in half for deliverance of individuals—after this 40-minute exercise was implemented—and the same results were achieved!
 - People were set free much more easily, because during prayer demons just came out with a lot less struggle.

How to Use this Tool: Using the “Generational Curses Prayer”

1. Have the person read prayer #1-5 below.
2. After prayer #5, read through the first category (Abandonment and Rejection).
3. At the end of that category, and after each subsequent category, read prayer #6-7, and in the blank line, allow the person to mention the opposite of what they would want to receive. This would be like praying a blessing on their life.

Generational Curses Prayer

1. I confess the sins of my ancestors, my parents, and my own sins.
2. I choose to forgive and release them for these sins, the curses, and the consequences in my life.
3. I ask you to forgive me, Lord, for these sins and for yielding to them and to the resulting curses. I receive your forgiveness.
4. Based on your forgiveness, Lord, I choose to forgive myself for involvement in these sins.
5. I renounce these sins and curses.
6. I break the power of these sins and curses from my life and the lives of my descendants through the redemptive work of Christ on the cross (Gal. 3:13).
7. I receive God's freedom from these sins and curses, along with any unknown or unmentioned sins and curses. Instead of _____, I receive _____ (Choose to receive an opposite).

Have one of the team members make a list of the opposites that they receive in prayer #7 above. Encourage them to make those opposites a part of their daily devotions. They should pray and receive those opposites/blessings every day.

These and other prayers can be prayed for self-deliverance, as well as in a small group setting.

WARNING:

1. If a person is prone to violent manifestations when they receive anointed prayer, it is suggested that they do not pray these prayers alone.
 2. Anyone who suffers from any type of personality disorder, Dissociative Identity Disorder (DID)/ Multiple Personality Disorder (MPD), or any other type of mental illness, should not pray these prayers alone.
 3. Do not pray these prayers while driving in a vehicle.
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Generational Curses Categories

Abandonment and Rejection

- Blocked Intimacy
- Desertion
- Divorce
- Illegitimacy
- Isolation
- Loneliness
- Neglect
- Separation
- Victimization
- Expected Rejection
- Perceived Rejection
- Self-Rejection
- Rejection of God
- Rejection of Others

Poor Stewardship

- Bankruptcy
- Covetousness
- Debt
- Deception
- Failure
- Greed
- Idolatry of Possessions
- Irresponsible Spending
- Irresponsibility
- Job Failures
- Job Losses
- Lack / Laziness
- Neglect
- Poverty
- Procrastination
- Robbery
- Robbing God
- Stinginess
- Drug Dealing
- Gambling

Anxiety and Fear

- Fatigue
- Heaviness
- Nervousness
- Restlessness
- Weariness
- Bewilderment
- Dread and Worry
- Harassment
- Horror Movies
- Intimidation
- Mental Torment
- Over-Sensitivity
- Paranoia
- Phobias
- Superstition
- Fear of Authorities
- Fear of being Abused
- Fear of being Attacked
- Fear of being Wrong
- Fear of being a Victim

- Fear of Disease
- Fear of Demons
- Fear of Exposure
- Fear of Failure
- Fear of Heart Attack
- Fear of Inadequacy
- Fear of Loss

- Fear of Men and Women
- Fear of Performing
- Fear of Poverty
- Fear of Public Speaking / Singing
- Fear of Reading Out Loud

- Fear of Punishment
- Fear of Rejection
- Fear of Success
- Fear of Future
- Fear of Not Being Good Enough
- Unhealthy Fear of God

Anger, Rage, and Violence

- Feuding
- Frustration
- Hatred
- Hostility
- Cursing / Profanity
- Punishment
- Resentment
- Retaliation

- Revenge
- Temper Tantrums
- Violence
- Arguing / Abuse
- Bickering
- Cruelty
- Death
- Destruction

- Mocking
- Murder / Abortion
- Strife
- Torture / Mutilation
- Injustice

Deception and Rebellion

- Blindness
- Cheating / Stealing
- Confusion
- Denial
- Fraudulence
- Infidelity
- Lying

- Secretiveness
- Self-Deception
- Treachery
- Treason
- Untrustworthiness
- Defiance
- Disobedience

- Independence
- Insubordination
- Resistance
- Self-Sufficiency
- Self-Will
- Stubbornness
- Undermining

A Religious Spirit

- Anti-Semitism (Jew)
- Antichrist
- Betrayal
- Division

- Hypocrisy
- Injustice
- Legalism
- Liberalism
- New Age

- Excessive Rules
- Spiritual Pride
- Traditionalism
- Ritualism
- Racism

Unworthiness and Unbelief

- Inadequacy
- Inferiority / Low Self-Esteem
- Insecurity
- Self-Punishment

- Apprehension
- Double-mindedness
- Doubt
- Mistrust

- Skepticism
- Suspicion
- Uncertainty

Manipulation and Control

- Appeasement

- Denial

- Domineering

- Female Control
- Possessiveness

- Always Right
- Stubbornness

- Witchcraft

Guilt and Shame

- Anger
- Bad Boy / Girl
- Condemnation
- Defilement

- Different
- Disgrace
- Embarrassment
- Hatred

- Humiliation
- Self-Accusation
- Self-Hate

Bitterness

- Accusation
- Blaming
- Complaining
- Criticalness

- Gossip
- Judging
- Murmuring
- Ridicule

- Slander
- Unforgiveness
- Hatred

Pride and Mocking

- Arrogance
- Conceit and Vanity
- Controlling
- Haughtiness
- Prejudice

- Self-Centeredness
- Self-Importance
- Blaspheming
- Ridicule
- Sarcasm

- Scorn
- Judging Others
- Narcissism
- Negativity

Performance and Failure

- Extreme Competition
- Driving Zeal
- Envy
- Jealousy

- People-Pleasing
- Perfectionism
- Rivalry
- Striving
- Workaholism

- Defeat
- Loss
- Procrastination
- Pressure to Succeed

Infirmities and Disease

- Accidents (falls, cars, etc.)
- Anorexia / Bulimia / Gluttony
- Alzheimer's / Dementia
- Asthma / Allergies / Hay Fever
- Barrenness / Miscarriage
- Bone / Joint Problems
- Cancer

- Congestion in Lungs
- Diabetes
- Female Problems
- Mental Illness / Insanity
- Multiple Sclerosis
- Migraines
- Physical Abnormalities
- Premature Death
- T.B. and Emphysema
- Autism

- Hypochondria
- Bent Body and Spine
- Chemical Imbalance
- High Fever
- Bi-polar
- Impotent / Frail and Lame
- Arthritis
- Obesity
- All Oppression
- Back Problems
- Pain and Affliction

- All Lingering Disorders
- Tumors, Cysts, and Growths
- Weakness / Tired / Fatigue
- Infections (Viral / Bacterial)
- Epilepsy and Seizures
- Heart Disease
- Hypertension / Stroke
- Eye Problems

Addictions, Escape and Dependencies

- Drugs
- Alcohol
- Caffeine
- Cigarettes
- Food
- Overspending
- Sports
- TV and Movies
- Video Games
- Music and Books
- Daydreaming
- Isolation
- Laziness
- Sleep
- Trance
- Withdrawal
- Social Networks

Mental Problems and Depression

- Compulsions
- Confusion
- Distraction
- Forgetfulness
- Hallucinations
- Hysteria
- Insanity
- Paranoia
- Schizophrenia
- Senility
- Dejection and Despair
- Discouragement
- Despondency
- Gloominess
- Hopelessness
- Insomnia
- Oversleeping
- Sadness
- Suicide Fantasies
- Withdrawal

Sexual Sins and Perversion

- Adultery
- Bestiality
- Demonic Sex
- Defilement / Uncleaness
- Exposure and Voyeurism
- Fornication
- Flirtation
- Frigidity
- Homosexuality
- Lesbianism
- Gender Confusion
- Incest
- Sexual Abuse
- Lewdness
- Promiscuity
- Pre-Marital Sex
- Masturbation
- Pornography
- Prostitution
- Seduction
- Sodomy
- Sadomasochism
- All Ungodly Soul Ties

Witchcraft and the Occult

- Animal Spirits
- Antichrist
- Astral Projection
- Automatic Writing
- Black / White Magic
- Occult / Witchcraft Books
- Death / Suicide
- Conjuring Demons
- Dispatching Demons
- Demon Worship
- All forms of Divination
- Evil Eye
- ESP
- Eastern Meditation
- Evil Music
- Evil Videos / Movies
- Evil Games
- Martial Arts

- Fascination with Evil
- Handwriting Analysis
- Hypnosis
- Incantations
- Levitation
- Mental Telepathy
- Necromancy

- Non-Christian Exorcism
- Past Life Readings
- Reincarnation
- Santeria
- Satanic Worship
- Seances
- Sorcery
- Spells and Chants

- Spirit Guides
- Spiritism
- Superstition
- Table Tipping
- Trances
- TM
- Voodoo
- Wicca
- Yoga

Victim, Trauma and Grief

- Appeasement
- Betrayal
- Helplessness
- Mistrust
- Passivity
- Self-Pity
- All Forms of Abuse, Emotional, Physical, Mental,

- Sexual, Spiritual, and Verbal
- Accident
- Loss
- Imprisoned
- Rape
- Torture / Violence
- Agony / Anguish
- Crying / Despair

- Heartbreak
- Pain / Sadness
- Sorrow
- Torment
- Weeping
- Heaviness
- Bullying